

May 2023 – Beals Elementary School Breakfast and Lunch Menu

Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>WEEK #33</u>	1 American Chop Suey Green beans Bread Stick Pears	2 BBQ Chicken Sandwich Potato Wedges Cucumbers Apple Sauce	3 Spaghetti with Meat Sauce Bread Stick Peaches	4 Chicken Burger Chips Cucumbers/Ranch Apple	5 French Toast Sticks Sausage Patty Yogurt/Juice Fruit	*All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
<u>WEEK #34</u>	8 Pepperoni Pizza Veggies/Ranch Popcorn Apple	9 Taco Salad Chips/Salsa Fruit	10 Ham & Cheese Sub Chips Veggies/Ranch Apple	11 Tomato Soup Toasted Cheese Crackers Peaches	12 Pulled Pork Sandwich Veggies/Ranch Chips Apple	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
<u>WEEK #35</u>	15 School Wide Field Trip	16 Spaghetti/ Meat sauce Veggies/ ranch Peaches Bread stick	17 Chicken Alfredo Broccoli Pears	18 Meatball sub Veggies/ ranch Chips Fruit	19 Hot dogs Popcorn Fruit Ice cream	The state of Maine & the USDA is an equal opportunity provider & employer
<u>WEEK #36</u>	22 BBQ Drumsticks Baked Beans Potato Wedges Peaches	23 Fish Sticks Broccoli Tater Tots Fruit	24 Turkey/Cheese Sub Chips Apple	25 Early Release Bag Lunch	26 Breakfast Sandwich Yogurt/Juice Hash Brown Fruit	MENU IS SUBJECT TO CHANGE
<u>WEEK #37</u>	29 No School Happy Memorial Day	30 Tuna Sandwich Chips Pickle Fruit	31 Soft Tacos Rice Chips/Salsa Fruit			Breakfast Time 7:15 - 7:40