

May 2022 – Beals Elementary School Breakfast and Lunch Menu

BREAKFAST: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>WEEK #33</u>	2 Pulled Pork Sandwich Chips/Salsa Mixed fruit	3 Spaghetti/ Meat Sauce Toss salad Bread stick Fruit	4 Ham Italian Chips Apple	5 Fish Sticks Tater Tots Peas Apple sauce	6 Shepherds Pie Corn Muffin Broccoli Pears	*All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
<u>WEEK #34</u>	9 Popcorn Chicken Tater Tots Green Beans Apple	10 Chicken Burger Baked Beans Chips Peaches	11 American Chop Suey Biscuit Green Beans Fruit	12 Taco Salad Rice Chips & Salsa Fruit	13 Meatball Sub Veggies & Ranch Chips Apple	Students have a choice of white, chocolate ,or Lactaid milk with lunch. Those bringing lunch will need to pay .30
<u>WEEK #35</u>	16 Cheese burger Sweet Potato fries Carrots/ ranch Apple	17 Oven BBQ Chicken Macaroni & Cheese Broccoli Apple Sauce	18 Ham & Cheese Sub Chip Veggies/ Ranch Fruit	19 Hot Dog Macaroni & Cheese Peas Fruit Cup	20 Breakfast Sandwich Yogurt/Juice Fruit	The State of Maine & the USDA are an equal opportunity provider & employer.
<u>Week #36</u>	23 Fish Sticks Mashed Potato Peas Fruit	24 Chicken Alfredo Bread Stick Veggies/ranch Apple	25 Beef & Cheese Burrito Chips & Salsa Fruit	26 Turkey/Cheese Sub Pasta salad Popcorn Fruit	27 Chicken Burger Chips Carrots & Ranch Apple	
<u>WEEK #37</u>	30 No School	31 BBQ Chicken Sandwich Sweet Potato Fries Corn/ Pears	The Menu is Subject to Change.			