May

Beals Elementary Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Students have a choice of white or chocolate milk with lunch. Those bringing home lunches need to pay \$.30 for milk.	The state of Maine and the USDA are an equal opportunity provider & employer.	All Breads: Rolls, Toast, & Pizza Crust are all whole wheat.				1
2	3 Meatball sub Popcorn Cucumbers & ranch Fruit	American Chop Suey Carrots Bread stick Apple Sauce	5 BBQ Chicken Mashed Potato Broccoli Peaches	6 Hotdog / bun Baked beans Cucumbers & Ranch Apple	7 Breakfast Pizza Sausage Yogurt & Juice Fruit	8
9	10 PB&J sandwich Chips Granola bar Apple	Fish sticks Toss Salad Corn muffin Pears	Cheese burger Potato wedges Carrots Fruit	13 French bread Pizza Chips & salsa Veggies & ranch Apple	14 Pancakes & sausage Yogurt & juice Fruit	15
16	17 Chicken tenders Mashed Potato Carrots Pears	18 BBQ Chicken Peas Sweet Potato fries Apple sauce	Tomato soup Toasted cheese sandwich peaches	Chicken burger Chips Veggies & ranch Apple	21 French toast sticks Sausage Yogurts & juice Fruit	22
23	Taco salad Rice Chips & Salsa Fruit	25 Chicken Tetrazzini Broccoli Toss salad Strawberries	26 Roast pork Mashed potato Peas Bread stick Peaches	Cheese burger Macaroni & Cheese Carrots Fruit	28 Breakfast Sandwich Potato wedges Cinnamon apples Yogurt	29
30	31 MEMORIAL DAY (NO SCHOOL)					2021