

May

Beals Elementary Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Week #32		1 Hot dog/ bun Baked Beans Potato wedges Peaches	2 Spaghetti/ meat sauce Toss Salad Garlic bread Mixed Fruit	3 PB&J Sandwich Chips & Salsa Cheese Stick Apple	4 Pizza Chips Fruit Ice cream	5
6 Week # 33	7 American chop suey Green Beans Biscuit Apple Sauce	8 Chicken Tetraxini Garlic bread Broccoli Peaches	9 Tuna sandwich Chips Veggies & Ranch Strawberries	10 Chicken Burger Baked Beans Potato wedges Cinnamon apples	11 Meatball sub Carrots & Ranch Cheese Popcorn Apple	12 * All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat
13 Week # 34	14 Cheese Burger Tater tots Baked beans Peaches	15 Chicken Tenders Mashed Potato WK Corn Apple Sauce	16 Ham & Cheese Sub Cheese Popcorn Carrots & Ranch Apple	17 Hot dog/ bun Macaroni & Cheese Green Beans Pears	18 Turkey & Cheese Sandwich Chips Yogurt Mixed Fruit	19 * Flapstick: Sausage wrapped in pancake on a stick.
20 Week # 35	21 Deep Dish Pizza Potato wedges WK Corn Apple	22 Taco Salad Rice Chips & Salsa Mixed fruit	23 BBQ Chicken Mashed potato Peas Apple sauce	24 Spaghetti/ meat sauce Carrots & Ranch Bread stick Peaches	25 Breakfast For Lunch	26 * All Cereals: are Whole Grain
27 Week # 36	28 Memorial Day	29 Corn Chowder Toasted Cheese Crackers Mixed fruit	30 Cheese Burgers Potato wedges Green Beans Apple Sauce	31 Ham & Cheese Sandwich Carrots & Ranch Chips Apple		

The State of Maine and the USDA is an equal opportunity provider & Employer.

Students have a choice of 1% white or fat free chocolate milk with lunch. Those bringing home lunches need to pay \$.30 for milk.

2018