

# June 2023 – Beals Elementary School Breakfast and Lunch Menu

## Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>Week#37</u>				1  <b>School Wide Hike Bag Lunch</b>	2 Chicken Tenders Green Beans Macaroni & Cheese Peaches	3  <b>FIELD DAY Picnic Lunch 1 PM Dismissal</b>
<u>WEEK #38</u>	5 Cheese Burger Tater Tots Veggies/ranch Mixed fruit	6 Broccoli & Cheese Soup Toasted cheese Peaches	7 PB&J Sandwich Popcorn Veggies/ranch Apple	8 Chicken Fajita Rice Chips/Salsa Fruit	9 Breakfast Sandwich Yogurt/Juice Fruit	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
<u>WEEK #39</u>	12 Fish Sticks Tater Tots Broccoli Pears	13 Chicken Burger Cucumbers/Ranch Popcorn Apple	14 Soft Tacos Chips/Salsa Rice Peaches	15  Breakfast for Lunch	16  <b>Chef's Surprise Last Day of School</b>	* All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
	19	20	21	22	23	The state of Maine & the USDA is an equal opportunity provider & employer
<b>Have a Great Summer Vacation! See You in September! :~)!</b>						
	26	27	28	29	30	<b>MENU IS SUBJECT TO CHANGE</b> <b>Breakfast Time</b> <b>7:15-7:40</b>