

## **December 2023 – Beals Elementary School Breakfast and Lunch Menu**

### **Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice**

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
					1 Chicken Burgers Veggies & Ranch Chips Apple	* All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
	4 Tomato Soup Toasted Cheese Crackers Peaches	5 Chicken Alfredo Broccoli Bread Stick Fruit	6 PB&J Sandwich Popcorn Apple Gogurt	7 Meatball Sub Veggies & Ranch Cheese Stick Apple	8 Fish Sticks Tater Tots Corn Peaches	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
	11 Chicken Burger Chips Veggies & Ranch Apple	12 Spaghetti with Meat Sauce Bread Stick Salad Fruit	13 Taco Salad Chips & Salsa Rice Peaches	14 Cheeseburger Tater Tots Corn Apple Sauce	15 Fish Chowder OR Tomato Soup Biscuit, Crackers & Fruit	In accordance with Federal civil rights Law and USDA civil rights regulations and policies, this institution is
	18 American Chop Suey Bread Stick Green Beans, Fruit	19 Corn Chowder Toasted Cheese Fruit	20 Peperoni Pizza Salad Bar	20 Hot Dog Popcorn Veggies & Ranch Fruit	22 Breakfast for Lunch	Prohibited from discrimination on the basis of race, color, national origin, sex,
	25  Merry Christmas	26  Vacation	28  Vacation	29  Vacation	30 This institution is an equal opportunity provider	Disability, age or reprisal or retaliation for prior rights activity.