

December 2022 – Beals Elementary School Breakfast and Lunch Menu

Breakfast Menu: Cereal, Toast, Muffins, Yogurt, Fruit & Juice

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>WEEK #14</u>				1 Cheese Burger Tater Tots Apple	2 Pancakes Sausage Juice/ Yogurt Fruit	* All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat & Cereals
<u>WEEK #15</u>	5 Pepperoni Pizza Veggies/Ranch Popcorn Apple	6 Sweet & Sour Chicken Rice Pineapple	7 Chop Suey Biscuit Green Beans Fruit	8 Fish Sticks Mashed Potato Peas Apple sauce	9 <u>Early Release Day</u> at 11:30 Ham & Cheese Sub Chips, and Fruit	Students have a choice of white, chocolate or lactaid milk with lunch. Those bringing lunch will need to pay .30
<u>WEEK #16</u>	12 BBQ Chicken Sandwich Baked Beans Veggies/Ranch Peaches	13 Roast Pork Mashed Potato Green Beans Apple Sauce	14 Taco Salad Chips & Salsa Corn Fruit	15 Hotdog on a Bun Popcorn Raisins Veggies/Ranch	16 French Toast Sticks Sausage Yogurt/ Juice Fruit	The state of Maine & the USDA is an equal opportunity provider & employer
<u>WEEK #17</u>	19 Chicken Alfredo Broccoli Bread Stick Fruit	20 <u>Early Release Day</u> at 11:30 PB&J Sandwich Chips, Apple	21 <u>No School</u> Christmas Break Begins	22 <u>No School</u>	23 <u>No School</u>	MENU IS SUBJECT TO CHANGE or SUBSTITUTIONS
<u>25</u> Merry Christmas! :)!	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	Breakfast Served From 7:15-7:40
<p style="font-size: 1.2em; margin: 0;">Christmas Vacation! Enjoy It! :)!</p> <p style="font-size: 1.2em; margin: 0;">School Resumes Tuesday, January 3, 2023</p>						