

February 2020 - Beals Elementary School Lunch Menu

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
						1 *All Breads: Rolls, Toast, Pancakes & Pizza Crust etc. are Whole Wheat
2 <u>WEEK #22</u>	3 Hotdog/ bun Baked beans Sweet potato fries Apple	4 Chicken strips Green beans Tater tots Bread stick Mixed fruit	5 Fish sticks Broccoli Mashed potato Pears	6 Cheese burger Potato wedges WK corn Peaches	7 Meatball sub Chips Veggies & ranch Apple	8 *Flap stick: Sausage wrapped in a pancake on a stick.
9 <u>WEEK #23</u>	10 Taco Salad Chips & Salsa Rice Fruit	11 Spaghetti / meat sauce Toss salad Bread stick Peaches	12 Ham & Cheese sub Cheese popcorn Carrots & Ranch Pears	13 Oven BBQ Chicken Broccoli Potato wedges Fruit	14 Sloppy Joes WK Corn Tater tots Apple	15 *Cereals: Whole Grain
16	17 No School	18 No School	19 No School	20 No School	21 No School	22
23 <u>Week #24</u>	24 Tomato Soup Toasted cheese Carrots & Ranch Apple	25 Chicken Burger Baked beans Salsa & Chips Pears	26 PB&J Sandwich Cheese popcorn Craisins Apple	27 Deep dish Pizza Veggies & Ranch Peaches	28 Chicken Alfredo Bread stick Broccoli Fruit	29 Breakfast time 7:15am-7:40am
The state of Maine & the USDA is an equal opportunity provider & employer.	Students have a choice of white or chocolate milk or lactaid with lunch. These bringing home lunches need to have \$.30 for milk					